



## **Anti-Drug Club**

### **Loyola College of Arts & Science (Co. Ed.)**

(Affiliated to the Periyar University, Salem)

Mettala, Oilpatty Post, Rasipuram Taluk,

Namakkal District, Tamil Nadu, India, Pin Code - 636202

Activity	<b>An Awareness Program</b>
Date & Time	<b>October 18 , 2024, 11.05 am</b>
Topic(s)	<b>Impacts of Alcohol Consumption on Mental Health</b>
Venue / Platform	<b>Remigius Auditorium</b>
Resource Person(s)	Dr. V. Jayanthi MD, Psychiatrist, District Mental Health Program, Government Head Quarters Hospital Rasipuram, Namakkal District- 603505
Total No. of Participants	<b>250</b>
Outcome of the Programme	<ul style="list-style-type: none"><li>• <b>Students benefitted from the seminar by getting input of the physical effects of consuming Alcohol.</b></li><li>• <b>Students also came to know about mental health implications, social impacts and prevention and treatment.</b></li></ul>

Convenor / Organising Secretary

Coordinator / HoD



# LOYOLA COLLEGE OF ARTS AND SCIENCE, (CO-ED).



(Affiliated to the Periyar University, Salem)  
Recognized under section 2(f) of the UGC Act, 1956  
Mettala, Oilpatty Post, Rasipuram Taluk,  
Namakkal (Dt)-636202

## ANTI-DRUG CLUB

cordially invite you for

**AN AWARENESS PROGRAMME ON**

## IMPACTS OF ALCOHOL CONSUMPTION ON MENTAL HEALTH

**VENUE: REMIGIUS AUDITORIUM | DATE: 18 OCTOBER 2024 | TIME: 11.05 AM**

**Superior: Rev. Fr. Dominic Jayakumar SJ**

will preside over the function

**Secretary: Rev. Fr. Danis Ponniah SJ**

will felicitate the function

### Chief Guest

**Dr.V.Jayanthi MD & Team**

Psychiatrist

District Mental Health Program

Govt Head Quarters Hospital Rasipuram,  
Namakkal (DT).



**Principal: Dr. Josephine Daisy J.**

will felicitate.

**Mr. J. Amuthan.**

Coordinator, Anti-Drug Club.

**Mr. A. Raja Prabhu.**

Organizing Secretary.

## Report Summary

### **Report**

Prof. Rajaprabhu commenced the program with a warm welcome to all attendees. He highlighted the significance of coming together as a community to address the pressing issue of drug consumption. Rev. Dr. Danis Ponnaiah extended his felicitation to the program organizers and speakers. He spoke about the moral and spiritual dimensions of addressing drug addiction, emphasizing the importance of collective efforts and compassion in supporting affected individuals and their families. Dr. Josephine Daisy, Principal provided an insightful introductory note, setting the context for the day's program. She outlined the objectives of the awareness initiative, which include increasing understanding of the effects of drug consumption, promoting preventive measures, and highlighting available support resources. She stressed the importance of community involvement and the role of educational institutions in fostering a drug-free environment. Dr. Jeyanthi V MBBS, Psychologist, District Mental Health Programme Namakkal District delivered a compelling address as the chief guest. Her presentation covered the following key points, she explained the various physical health consequences of drug abuse, including cardiovascular problems, respiratory issues, neurological damage, and organ dysfunction. She discussed the link between drug consumption and mental health disorders such as depression, anxiety, and psychosis. She highlighted how drug addiction affects relationships, economic stability, and legal status, underlining the broader societal impact. She provided an overview of effective prevention strategies, including education and community programs, and detailed various treatment options available for individuals struggling with addiction. Her address was well-received and provided a thorough understanding of the multifaceted effects of drug use. Prof. Mario Cassion Anand, Anti-Drug Club Member concluded the program by expressing gratitude to all speakers, attendees, and organizers. He acknowledged the valuable contributions of each participant and reinforced the commitment of the Anti-Drug Club to continue its efforts in raising awareness and supporting drug abuse prevention initiatives.

## PHOTOGRAPHS

